

*Heaven Meets Earth Yoga joyfully presents.....*



## **Powerful Fusion: Kundalini Yoga & Law of Attraction**

Know yourself as the powerful creator that you are!  
Through the energetic combination of Kundalini yoga as taught by Yogi Bhanan, and the teachings of Abraham as translated through Esther Hicks.

***April 30 - May 2, 2010, Heaven Meets Earth Yoga, Evanston IL***

- ❖ Breath, movement, stillness, chanting, and dancing in the Kundalini Yoga style. Morning practice as well as yoga breaks throughout the day
- ❖ Contemplation and journal processes from Ask and It is Given, by Esther & Jerry Hicks
- ❖ Time to share hopes, dreams, challenges, and insights in the kindness of a truly connected group of powerful humans.

Location... Heaven Meets Earth Yoga, 2736 Central Street, Evanston, IL 60201, (847) 475-1500 Call or email [info@heavenmeetsearth.com](mailto:info@heavenmeetsearth.com) [www.heavenmeetsearthyoga.com](http://www.heavenmeetsearthyoga.com)

Course Hours....Friday : 6:30 pm until 8:30 pm, Saturday: 11 am - 4 pm,, Sunday: 6 am - 7:30 am morning practice (breakfast provided) and 8:30 - 3 pm

Cost: \$255, includes Sunday breakfast, snacks, and handout. Required texts: *Kundalini Yoga* by Shakta Khalsa and *Ask and It is Given*, by Esther and Jerry Hicks. You can either bring your own copies, or they will be provided for sale at the course. Payment in full due by April 10, no refunds after that date. Course size limited, register early at [www.heavenmeetsearthyoga.com](http://www.heavenmeetsearthyoga.com) Shakta's websites: [www.shaktakaurkhalsa.com](http://www.shaktakaurkhalsa.com) [www.childrensyoga.com](http://www.childrensyoga.com)

Your guide is Shakta Khalsa, E-RYT-500, IKYTA teacher trainer, author of several books, and founder of Radiant Child Yoga. She was named one of the top five Kundalini Yoga teachers in Yoga Journal's Who's Who. Along with Shakta, Lisa Weber (Sat Inder Kaur), visionary and owner of Heaven Meets Earth Yoga studio, is co-creator in this very special experience.

***It is Shakta's and Lisa's intention to deliver an extraordinary experience so that you will know yourself as the powerful creator that you are!***